

**ST. THOMAS KINDERGARTEN**  
**MEAL PLANNER FOR THE MONTH OF DECEMBER 2024**

<b>MONDAY</b>	<b>2.12.24</b> Dal Paratha + Fruit	<b>9.12.24</b> Veg. Sandwich + Fruit	<b>16.12.24</b> Bread roll + Fruit
<b>TUESDAY</b>	<b>3.12.24</b> Lunch of your choice	<b>10.12.24</b> Lunch of your choice	<b>17.12.24</b> Lunch of your choice
<b>WEDNESDAY</b>	<b>4.12.24</b> Chapatti + Green Vegetable + Fruit	<b>11.12.24</b> Bread Pakora + Fruit	<b>18.12.24</b> Chapatti + Green Vegetable + Fruit
<b>THURSDAY</b>	<b>5.12.24</b> Lunch of your choice	<b>12.12.24</b> Lunch of your choice	<b>19.12.24</b> Lunch of your choice
<b>FRIDAY</b>	<b>6.12.24</b> Chana with Rice + Fruit	<b>13.12.24</b> Party Snacks	<b>20.12.24</b> Christmas Party Snacks

**AIM: MEAL PLANNER IS PROVIDED TO INCULCATE HEALTHY EATING HABIT AND VALUE OF NUTRITIOUS FOOD IN THE STUDENTS.**

**PLEASE NOTE WE DON'T ENCOURAGE PACKED OR FROZEN FOOD LIKE KETCHUP, MAGGI, PICKLE, PASTRIES, COOKIES, CHIPS, FRIES ETC.**